

Mahashivaratri : Amarnath, the rare Shiva Linga formed of ice.



Amarnath temple is located in Kashmir, 145 km east of Srinagar . Legend has it that this is the very cave where Lord Shiva unravelled the secret of life and eternity to his divine consort, Parvati.

Mystical ice lingam is considered as among the holiest shrines .

This natural stalagmite formation takes shape due to the freezing of water drops that trickle down from the roof of the cave on to the floor beneath. It then rises vertically from the floor and waxes and wanes with the moon. Alongside the Shiva Lingam are also two ice lingams regarded as of Parvati and Ganesh.

Amarnath cave can be accessed during the 45 day window during July to August . The Amarnath Yatra trek begins on the panchami day of the bright half of the moon at Srinagar.



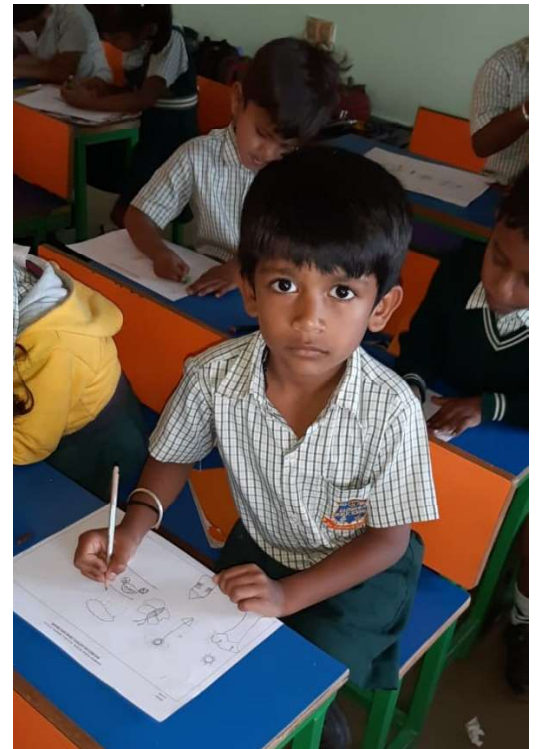
Rainbow Buzz - *Nature Walk @ RPS*

To stimulate a child's appreciation for the natural world a nature walk is an excellent way . As we conducted a nature walk with our children and asked them to tell what they see, hear, smell or feel, the answer were amazing .



The children notice some very common and many uncommon things other than in their routines. And sharing with the peers make it more special.

At RPS ,we routinely have schedules where children are exposed to the natural world. The routines are intervened ,just to show the children the natural world around us.

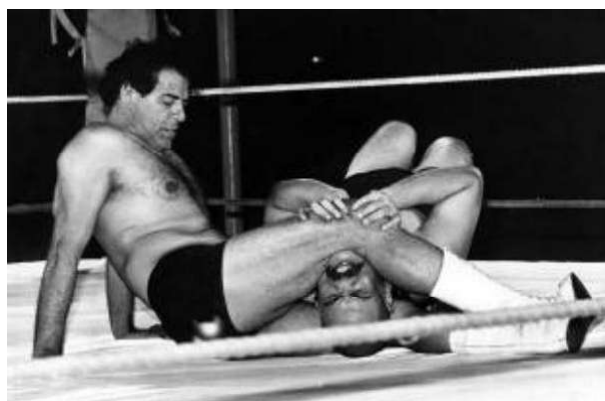
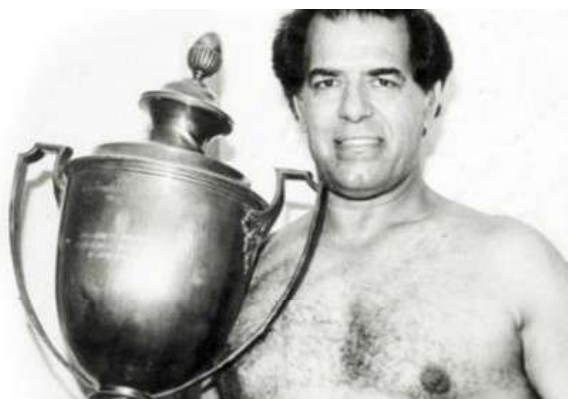


Rainbow Buzz - Sports @ RPS

2020 Sports day was celebrated with great vigour and spirit. The sports day got formal beginning by the unfurling of the sports flag and by carrying the lighted torch by our sports captain.



Intresting Facts : Dara Singh



May 29, 1968 was a historic day for India in wrestling as Dara Singh was crowned World Champion.

In Mumbai (then Bombay) he defeated Lou Thesz of USA to win the title.

Dara eventually retired from the sport in 1983 after having been in over 500 fights. Surprisingly, he never lost a match during his career.

His contribution to wrestling has been seen as a benchmark for generations to follow.

Other than the sport, Dara had also acted in several films between 1952 to 2012.

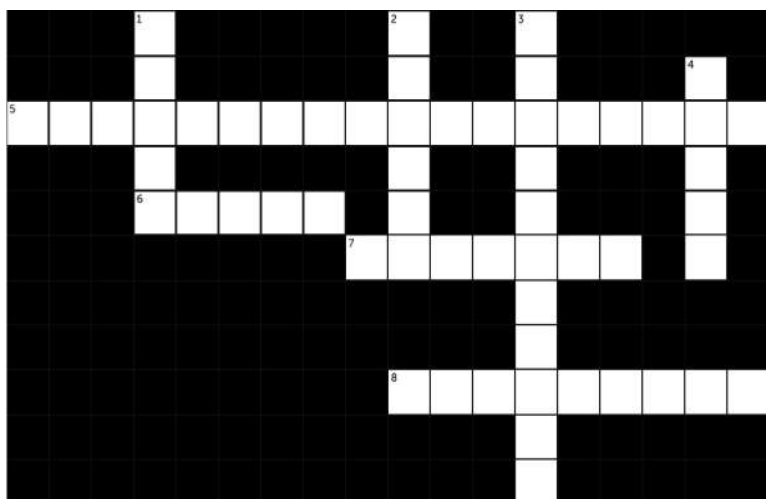
He died on July 12, 2012 and is fondly remembered as one of the pioneers who put Indian wrestling on the map. He has left behind a legacy and even now, 50 years after he became World Champion, people still remember him fondly.

No longer with us, but never forgotten.

Funny Times

Crossword January 2020 :

Find out ,who & what are at the crosswords



Across

- 5) This nurse was known as "The Lady Of The Lamp" during the Crimean War.
- 6) Spider has so many legs .
- 7) The oldest democracy / parliamentary in the world.
- 8) According to legend, who led a gang of merry outlaws in Sherwood Forest in Nottingham, England.

Below

- 1) The minimum nuber of side required to construct a polygon .
- 2) If you suffer from arachnophobia,means you are scared of this.
- 3) The least populated country in the world .
- 4) All Thirsty people need to have this.

Answers for last month's crossword

Across: 2. Melanin 4. North 5. Surat
6. BNRau 7. Skin

Below: 1. MahatmaGandhi 3. Cerebrum
5. Sun